

SATURDAYS

<i>Starts from Leven as service</i>	8	8	8	6B	8	6A	6	6B	6A	6	6B	6A	6	6B	6A	6	6B	6A
Leven bus station	0540	0640	0710	0730	0755	0800	0830	0900	0930	0950	10	30	50	1610	1630	1700		
East Wemyss opp RBS	0557	0657	0727	0751	0812	0821	0851	0921	0951	1011	31	51	11	1631	1651	1721		
Kirkcaldy Victoria Hospital	▼	▼	▼	0807	▼	0837	0907	0937	1007	1027	47	07	27	1647	1707	1737		
Kirkcaldy bus station	0617	0717	0747	0815	0833	0845	0915	0945	1015	1035	55	15	35	1655	1715	1745		

<i>route number</i>	7	7	7	7	7	7	7A	7	7A	7	7A	7	7	7A	7	7	7A	7	7	7A	
Kirkcaldy bus station	—	0619	—	0719	0750	0820	0835	0850	0920	0950	1020	1040	00	20	40	1700	1720	1750			
Links Street Philp Hall	—	0624	—	0724	0755	0825	0840	0855	0925	0955	1025	1045	05	25	45	1705	1725	1755			
Kinghorn Road East Vows Walk	—	0626	—	0726	0758	0828	0843	0858	0928	0958	1028	1048	08	28	48	1708	1728	1758			
Kinghorn Kilcruiik Road	—	▼	—	▼	▼	▼	▼	0902	▼	1002	▼	1052	▼	▼	52	▼	▼	1802			
Kinghorn Memorial	—	0631	—	0731	0804	0834	0849	0905	0934	1005	1034	1055	14	34	55	1714	1734	1805			
Greenmount Road South	—	▼	—	▼	▼	▼	▼	0911	▼	1011	▼	1101	▼	▼	01	▼	▼	1811			
St Joseph's Church	—	▼	—	▼	▼	▼	▼	0913	▼	1013	▼	1103	▼	▼	03	▼	▼	1813			
Burntisland library	—	0639	—	0739	0812	0842	0857	▼	0942	▼	1042	▼	22	42	▼	1722	1742	▼			
Colinswell opp Stenhouse Drive	—	0643	—	0743	0817	0847	—	0917	0947	1017	1047	1107	27	47	07	1727	1747	1817			
Aberdour rail station	—	0648	—	0748	0823	0853	—	0923	0953	1023	1053	1113	33	53	13	1733	1753	1823			
Dalgety Bay opp Pentland Rise	0624	0654	0724	0754	0829	0859	—	0929	0959	1029	1059	1119	39	59	19	1739	1759	1829			
Dalgety Bay Forth Reach	0628	0658	0728	0759	0834	0904	—	0934	1004	1034	1104	1124	44	04	24	1744	1804	1834			
St Davids Harbour	0630	0700	0730	▼	▼	▼	—	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼			
Dalgety Bay opp rail station	0634	0704	0734	▼	▼	▼	—	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼			
Inverkeithing Hill Street	0642	0712	0742	0809	0844	0914	—	0944	1014	1044	1114	1134	54	14	34	1754	1814	1844			
Rosyth crossroads opp Co-op	0647	0717	0747	0814	0849	0919	—	0949	1019	1049	1119	1139	59	19	39	1759	1819	1849			
St Leonards bus depot	0655	0725	0755	0824	0859	0929	—	0959	1029	1059	1129	1149	09	29	49	1809	1829	1859			
Dunfermline bus station	0700	0730	0800	0830	0905	0935	—	1005	1035	1105	1135	1155	15	35	55	1815	1835	1905			

then at these mins past each hour

until

<i>Starts from Leven as service</i>	6	6B	8	8	8	8	8
Leven bus station	1730	1800	1840	1940	2040	2140	2240
East Wemyss opp RBS	1751	1821	1857	1957	2057	2157	2257
Kirkcaldy Victoria Hospital	1807	1837	▼	2012	▼	▼	▼
Kirkcaldy bus station	1815	1845	1917	2019	2117	2217	2317

<i>route number</i>	7	7	7	7	7	7	7
Kirkcaldy bus station	1820	1850	1922	2022	2122	2222	2322
Links Street Philp Hall	1825	1855	1927	2027	2127	2227	2327
Kinghorn Road East Vows Walk	1828	1858	1929	2029	2129	2229	2329
Kinghorn Memorial	1834	1904	1934	2034	2134	2234	2334
Burntisland library	1842	1912	1942	2042	2142	2242	2342
Colinswell opp Stenhouse Drive	1846	1916	1946	2046	2146	2246	2346
Aberdour rail station	1851	1921	1951	2051	2151	2251	2351
Dalgety Bay opp Pentland Rise	1857	1927	1957	2057	2157	2257	2357
Dalgety Bay Forth Reach	1901	1931	2001	2101	2201	2301	0001
St Davids Harbour	1903	▼	2003	2103	2203	2303	▼
Dalgety Bay opp rail station	1907	▼	2007	2107	2207	2307	▼
Inverkeithing Hill Street	1914	1939	2014	2114	2214	2314	0010
Rosyth crossroads opp Co-op	1919	1944	2019	2119	2219	2319	0015
St Leonards bus depot	1928	1953	2028	2128	2228	2328	0023
Dunfermline bus station	1933	1958	2033	2133	2233	2333	—

Boxed times in italics are connecting services 6/6A/6B and 8/8A, no need to change buses, through fares available

SUNDAYS

<i>Starts from Leven as service</i>	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8
Leven bus station	0745	0845	0945	1045	1145	1245	1345	1445	1545	1645	1745	1845	1945	2145	
East Wemyss opp RBS	0802	0902	1002	1102	1202	1302	1402	1502	1602	1702	1802	1902	2002	2202	
Kirkcaldy Victoria Hospital	▼	▼	▼	▼	▼	▼	1417	▼	▼	▼	1817	▼	▼	▼	
Kirkcaldy bus station	0822	0922	1022	1122	1222	1322	1424	1522	1622	1722	1824	1922	2022	2222	

<i>route number</i>	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7
Kirkcaldy bus station	—	0827	0927	1027	1127	1227	1327	1427	1527	1627	1727	1827	1927	2027	2227
Links Street Philp Hall	—	0832	0932	1032	1132	1232	1332	1432	1532	1632	1732	1832	1932	2032	2232
Kinghorn Road East Vows Walk	—	0834	0934	1034	1134	1234	1334	1434	1534	1634	1734	1834	1934	2034	2234
Kinghorn Memorial	—	0839	0939	1039	1139	1239	1339	1439	1539	1639	1739	1839	1939	2039	2239
Burntisland library	—	0847	0947	1047	1147	1247	1347	1447	1547	1647	1747	1847	1947	2047	2247
Colinswell opp Stenhouse Drive	—	0851	0951	1051	1151	1251	1351	1451	1551	1651	1751	1851	1951	2051	2251
Aberdour rail station	—	0856	0956	1056	1156	1256	1356	1456	1556	1656	1756	1856	1956	2056	2256
Dalgety Bay opp Pentland Rise	0802	0902	1002	1102	1202	1302	1402	1502	1602	1702	1802	1902	2002	2102	2302
Dalgety Bay Forth Reach	0806	0906	1006	1106	1206	1306	1406	1506	1606	1706	1806	1906	2006	2106	2306
St Davids Harbour	0808	0908	1008	1108	1208	1308	1408	1508	1608	1708	1808	1908	2008	2108	2308
Dalgety Bay opp rail station	0812	0912	1012	1112	1212	1312	1412	1512	1612	1712	1812	1912	2012	2112	2312
Inverkeithing Hill Street	0819	0919	1019	1119	1219	1319	1419	1519	1619	1719	1819	1919	2019	2119	2319
Rosyth crossroads opp Co-op	0824	0924	1024	1124	1224	1324	1424	1524	1624	1724	1824	1924	2024	2124	2324
St Leonards bus depot	0833	0933	1033	1133	1233	1333	1433	1533	1633	1733	1833	1933	2033	2133	2333
Dunfermline bus station	0838	0938	1038	1138	1238	1338	1438	1538	1638	1738	1838	1938	2038	2138	2338

Boxed times in italics are connecting services 6/6A/6B and 8/8A, no need to change buses, through fares available

Dunfermline • Dalgety Bay • Burntisland • Kirkcaldy

7 7A

MONDAYS TO FRIDAYS

route number	7	7	7	7	7	7	7	7	7	7	7A	7	7	7A	7A	7	7	
Dunfermline bus station	—	0540	0610	0640	0655	0710	—	0725	0740	0810	—	0840	00	20	40	1340	1400	1420
St Leonards Asda	0529	0546	0616	0646	0701	0716	—	0731	0746	0816	—	0846	06	26	46	1346	1406	1426
Rosyth crossroads Co-op	0537	0556	0626	0656	0710	0725	0728	0740	0756	0825	—	0856	16	36	56	1356	1416	1436
Inverkeithing Square	0541	0601	0631	0701	0714	0729	0732	0744	0801	0829	—	0901	21	41	01	1401	1421	1441
Dalgety Bay rail station	↓	↓	↓	↓	0720	0735	↓	0750	↓	0835	—	↓	↓	↓	↓	↓	↓	↓
Hillend Industrial Estate	↓	↓	↓	↓	0722	0737	↓	0752	↓	0837	—	↓	↓	↓	↓	↓	↓	↓
Dalgety Bay opp Forth Reach	0547	0611	0641	0711	—	—	0741	—	0811	—	—	0911	31	51	11	1411	1431	1451
Dalgety Bay Pentland Rise	0551	0616	0646	0716	—	—	0746	—	0816	—	—	0916	36	56	16	1416	1436	1456
Aberdour opp rail station	0557	0622	0652	0722	—	—	0752	—	0822	—	—	0922	42	02	22	1422	1442	1502
Colinswell Stenhouse Drive	0602	0628	0658	0728	—	—	0758	—	0828	—	—	0928	48	08	28	1428	1448	1508
Burntisland opp library	0606	0633	0703	0733	—	—	0803	—	0833	—	0913	↓	53	13	↓	1453	1513	↓
opp St Joseph's Church	↓	↓	↓	↓	—	—	↓	—	↓	—	↓	0932	↓	↓	32	1432	↓	↓
Greenmount Road South	↓	↓	↓	↓	—	—	↓	—	↓	—	↓	0934	↓	↓	34	1434	↓	↓
Kinghorn opp Memorial	0614	0641	0711	0741	—	—	0811	—	0841	—	0921	0940	01	21	40	1440	1501	1521
Kinghorn Kilcruik Road	↓	↓	↓	↓	—	—	↓	—	↓	—	↓	0943	↓	↓	43	1443	↓	↓
Kinghorn Rd opp East Vows Walk	0619	0647	0717	0747	—	—	0817	—	0847	—	0927	0947	07	27	47	1447	1507	1527
Links Street opp Philip Hall	0621	0650	0720	0750	—	—	0820	—	0850	—	0930	0950	10	30	50	1450	1510	1530
Kirkcaldy bus station	0626	0655	0725	0755	—	—	0825	—	0855	—	0935	0955	15	35	55	1455	1515	1535

then at these mins past each hour

Continues to Leven as service	6A	6B	6	6B	6A	6B	6	6B	6A	6	6B
Kirkcaldy bus station	0630	0700	0730	0800	0830	0900	0940	1000	20	40	00
Kirkcaldy opp Victoria Hospital	0638	0707	0738	0808	0838	0908	0948	1008	28	48	08
East Wemyss RBS	0654	0724	0754	0824	0854	0924	1004	1024	44	04	24
Leven bus station	0715	0745	0815	0845	0915	0945	1025	1045	05	25	45

until

route number	7A	7	7	7A	7	7	7A	7	7	7	7	7	7	7	7	7	
Dunfermline bus station	1440	1510	—	1540	RX 1600	1620	1640	1655	1710	1725	1740	1810	1840	1945	2045	2145	2245
St Leonards Asda	1446	1516	—	1546	1606	1626	1646	1701	1716	1731	1746	1816	1845	1950	2050	2150	2250
Rosyth crossroads Co-op	1456	1526	—	1601	1616	1636	1656	1711	1726	1741	1756	1826	1854	1959	2059	2159	2259
Inverkeithing Square	1501	1531	—	1606	1621	1641	1701	1716	1731	1746	1801	1831	1859	2004	2104	2204	2304
Dalgety Bay rail station	↓	↓	—	↓	↓	↓	↓	↓	↓	↓	↓	↓	1906	2011	2111	2211	2311
St Davids Harbour	↓	↓	—	↓	↓	↓	↓	↓	↓	↓	↓	↓	1909	2014	2114	2214	2314
Dalgety Bay opp Forth Reach	1511	1541	—	1616	1631	1651	1711	1726	1741	1756	1811	1841	1912	2017	2117	2217	2317
Dalgety Bay Pentland Rise	1516	1546	—	1621	1636	1656	1716	1731	1746	1801	1816	1846	1916	2021	2121	2221	2321
Aberdour opp rail station	1522	1552	—	1627	1642	1702	1722	1737	1752	1807	1822	1852	1922	2027	2127	2227	2327
Colinswell Stenhouse Drive	1528	1558	—	1633	1648	1708	1728	1743	1758	1813	1828	1858	1927	2032	2132	2232	2332
Burntisland opp library	↓	1603	1618	—	1653	1713	↓	1748	1803	1818	1833	1903	1931	2036	2136	2236	2336
opp St Joseph's Church	1532	↓	↓	1637	↓	↓	1732	—	↓	—	↓	—	↓	↓	↓	↓	↓
Greenmount Road South	1534	↓	↓	1639	↓	↓	1734	—	↓	—	↓	—	↓	↓	↓	↓	↓
Kinghorn opp Memorial	1540	1611	1626	1645	1701	1721	1740	—	1811	—	1841	—	1939	2044	2144	2244	2344
Kinghorn Kilcruik Road	1543	↓	↓	1648	↓	↓	1743	—	↓	—	↓	—	↓	↓	↓	↓	↓
Kinghorn Rd opp East Vows Walk	1547	1617	1632	1652	1707	1727	1747	—	1817	—	1847	—	1944	2049	2149	2249	2349
Links Street opp Philip Hall	1550	1620	1635	1655	1710	1730	1750	—	1820	—	1850	—	1946	2051	2151	2251	2351
Kirkcaldy bus station	1555	1625	1640	1700	1715	1735	1755	—	1825	—	1855	—	1951	2056	2156	2256	2356

Continues to Leven as service	8A	6A	6	6B	6A	6A	6A	6A	6A	6A	8	8	8	8	8
Kirkcaldy bus station	1600	1630	1645	1705	1720	1740	1800	1830	1900	1955	2100	2200	2300	0000	
Kirkcaldy opp Victoria Hospital	1608	1638	1653	1713	1728	1748	1808	1838	1908	2002	↓	↓	↓	↓	
East Wemyss RBS	1623	1654	1709	1729	1744	1804	1824	1854	1924	2017	2120	2220	2320	0020	
Leven bus station	1640	1715	1730	1750	1805	1825	1845	1915	1945	2034	2137	2237	2337	LM	

RX Commences from Rosyth Crossroads at 1616 on schooldays
 LM Terminates at Lower Methil, Rose Street at 0034
 C Change of bus required for through passengers at Kirkcaldy
Boxed times in italics are connecting services 6/6A/6B and 8/8A, no need to change buses, through fares available
 Journeys shown in orange are not operated by low floor, accessible buses.

SATURDAYS

route number	7	7	7	7	7	7A	7	7	7A	7	7	7A	7	7	7	7	7	7	7
Dunfermline bus station	0545	0645	0710	0740	0810	0840	00	20	40	1600	1620	1640	1710	1740	1810	1840	1945	2045	
St Leonards Asda	0550	0650	0716	0746	0816	0846	06	26	46	1606	1626	1646	1716	1746	1816	1845	1950	2050	
Rosyth crossroads Co-op	0559	0659	0726	0756	0826	0856	16	36	56	1616	1636	1656	1726	1756	1826	1854	1959	2059	
Inverkeithing Square	0604	0704	0731	0801	0831	0901	21	41	01	1621	1641	1701	1731	1801	1831	1859	2004	2104	
Dalgety Bay rail station	0611	0711	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	1906	2011	2111	
St Davids Harbour	0614	0714	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	1909	2014	2114	
Dalgety Bay opp Forth Reach	0617	0717	0741	0811	0841	0911	31	51	11	1631	1651	1711	1741	1811	1841	1912	2017	2117	
Dalgety Bay Pentland Rise	0621	0721	0746	0816	0846	0916	36	56	16	1636	1656	1716	1746	1816	1846	1916	2021	2121	
Aberdour opp rail station	0627	0727	0752	0822	0852	0922	42	02	22	1642	1702	1722	1752	1822	1852	1922	2027	2127	
Colinswell Stenhouse Drive	0632	0732	0758	0828	0858	0928	48	08	28	1648	1708	1728	1758	1828	1857	1927	2032	2132	
Burntisland opp library	0636	0736	0803	0833	0903	↓	53	13	↓	1653	1713	↓	1803	1833	1901	1931	2036	2136	
opp St Joseph's Church	↓	↓	↓	↓	↓	0932	↓	↓	32	↓	↓	1732	↓	↓	↓	↓	↓	↓	↓
Greenmount Road South	↓	↓	↓	↓	↓	0934	↓	↓	34	↓	↓	1734	↓	↓	↓	↓	↓	↓	↓
Kinghorn opp Memorial	0644	0744	0811	0841	0911	0940	01	21	40	1701	1721	1740	1811	1841	1909	1939	2044	2144	
Kinghorn Kilcruik Road	↓	↓	↓	↓	↓	0943	↓	↓	43	↓	↓	1743	↓	↓	↓	↓	↓	↓	↓
Kinghorn Rd opp East Vows Walk	0649	0749	0817	0847	0917	0947	07	27	47	1707	1727	1747	1817	1847	1914	1944	2049	2149	
Links Street opp Philp Hall	0651	0751	0820	0850	0920	0950	10	30	50	1710	1730	1750	1820	1850	1916	1946	2051	2151	
Kirkcaldy bus station	0656	0756	0825	0855	0925	0955	15	35	55	1715	1735	1755	1825	1855	1921	1951	2056	2156	
<i>Continues to Leven as service</i>	6A	6	6B	6A	6	6B	6A	6	6B	6A	6	6B	8	6A	8	8	8	8	8
Kirkcaldy bus station	0700	0800	0830	0900	0930	1000	20	40	00	1720	1740	1800	1827	1900	1925	1955	2100	2200	
Kirkcaldy opp Victoria Hospital	0708	0808	0838	0908	0938	1008	28	48	08	1728	1748	1808	↓	1908	↓	2002	↓	↓	↓
East Wemyss RBS	0724	0824	0854	0924	0954	1024	44	04	24	1744	1804	1824	1848	1924	1945	2017	2120	2220	
Leven bus station	0745	0845	0915	0945	1015	1045	05	25	45	1805	1825	1845	1905	1945	2002	2034	2137	2237	

then at these mins past each hour

until

route number	7	7
Dunfermline bus station	2145	2245
St Leonards Asda	2150	2250
Rosyth crossroads Co-op	2159	2259
Inverkeithing Square	2204	2304
Dalgety Bay rail station	2211	2311
St Davids Harbour	2214	2314
Dalgety Bay opp Forth Reach	2217	2317
Dalgety Bay Pentland Rise	2221	2321
Aberdour opp rail station	2227	2327
Colinswell Stenhouse Drive	2232	2332
Burntisland opp library	2236	2336
Kinghorn opp Memorial	2244	2344
Kinghorn Rd opp East Vows Walk	2249	2349
Links Street opp Philp Hall	2251	2351
Kirkcaldy bus station	2256	2356

Continues to Leven as service	8	8
Kirkcaldy bus station	2300	0000
East Wemyss RBS	2320	0020
Leven bus station	2337	LM

LM Terminates at Lower Methil, Rose Street at 0034
Boxed times in italics are connecting services 6/6A/6B and 8/8A, no need to change buses, through fares available

SUNDAYS

route number	7	7	7	7	7	7	7	7	7	7	7	7	7	
Dunfermline bus station	0745	0845	0945	1045	1145	1245	1345	1445	1545	1645	1745	1845	1945	2145
St Leonards Asda	0750	0850	0950	1050	1150	1250	1350	1450	1550	1650	1750	1850	1950	2150
Rosyth crossroads Co-op	0759	0859	0959	1059	1159	1259	1359	1459	1559	1659	1759	1859	1959	2159
Inverkeithing Square	0804	0904	1004	1104	1204	1304	1404	1504	1604	1704	1804	1904	2004	2204
Dalgety Bay rail station	0811	0911	1011	1111	1211	1311	1411	1511	1611	1711	1811	1911	2011	2211
St Davids Harbour	0814	0914	1014	1114	1214	1314	1414	1514	1614	1714	1814	1914	2014	2214
Dalgety Bay opp Forth Reach	0817	0917	1017	1117	1217	1317	1417	1517	1617	1717	1817	1917	2017	2217
Dalgety Bay Pentland Rise	0821	0921	1021	1121	1221	1321	1421	1521	1621	1721	1821	1921	2021	2221
Aberdour opp rail station	0827	0927	1027	1127	1227	1327	1427	1527	1627	1727	1827	1927	2027	2227
Colinswell Stenhouse Drive	0832	0932	1032	1132	1232	1332	1432	1532	1632	1732	1832	1932	2032	2232
Burntisland opp library	0836	0936	1036	1136	1236	1336	1436	1536	1636	1736	1836	1936	2036	2236
Kinghorn opp Memorial	0844	0944	1044	1144	1244	1344	1444	1544	1644	1744	1844	1944	2044	2244
Kinghorn Rd opp East Vows Walk	0849	0949	1049	1149	1249	1349	1449	1549	1649	1749	1849	1949	2049	2249
Links Street opp Philp Hall	0851	0951	1051	1151	1251	1351	1451	1551	1651	1751	1851	1951	2051	2251
Kirkcaldy bus station	0856	0956	1056	1156	1256	1356	1456	1556	1656	1756	1856	1956	2056	2256

route number	8	8	8	8	8	8	8	8	8	8	8	8	8	
Kirkcaldy bus station	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2300
Kirkcaldy opp Victoria Hospital	↓	↓	↓	↓	↓	↓	↓	1607	↓	↓	↓	2007	↓	↓
East Wemyss RBS	0920	1020	1120	1220	1320	1420	1520	1622	1720	1820	1920	2022	2120	2320
Leven bus station	0937	1037	1137	1237	1337	1437	1537	1639	1737	1837	1937	2039	2137	2337

Boxed times in italics are connecting services 6/6A/6B and 8/8A, no need to change buses, through fares available