

Other bus walks within the series

- | | | | | | |
|------------------------------|---|--|--|-----------------------------|--|
| 7.25 miles
Walk 1 | Faldingworth
Market Rasen
(linear) | 7.75 miles
Walk 2 | Nettleton
Market Rasen
(linear) | 7.5 miles
Walk 3 | Cabourne
Laceby
(linear) |
| 8.5 miles
Walk 4 | Hagworthingham
Fulletby
Horncastle
(linear) | 4.5 miles
Walk 5 | Candlesby
Gunby Hall
Bratoff
Burgh le Marsh
(linear) | 5 miles
Walk 6 | Burgh le Marsh
Skegness
(linear) |
| 8 miles
Walk 7 | Gainsborough
Knaith Park
Willingham
Stow Minster
(linear) | go to stagecoachbus.com/buswalks
for walk information | | | |

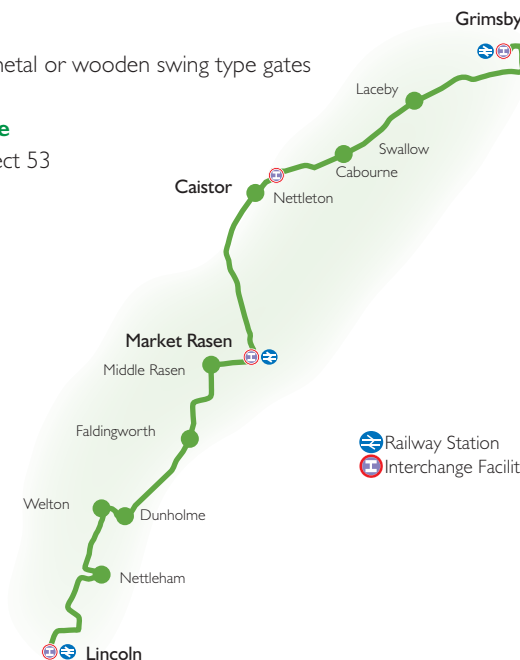
The InterConnect Bus Walks provides a series of suggested walks across the Lincolnshire countryside. Bus stops are located at the start and finish, of these walks, delivering you to some of the most beautiful spots Lincolnshire has to offer.

The walks appeal to all types of people, from families and occasional walkers to the lone traveller and experienced ramblers. You can explore the stunning scenery, discover wildlife havens or simply enjoy a picnic in a picturesque spot. Whatever your age, group size or motivation, the Interconnect Bus Walks provides a great way to get outdoors and enjoy an active lifestyle.

- Distance** 7.25 miles, 11.5 km or 6.5 miles, 10.5 km
- Time** Approx. 3.5 - 4.5 hours at a leisurely pace for the longer route
Approx. 3 - 4 hours at a leisurely pace for the shorter route
- Maps** OS Landranger 121 and OS Explorer 272, 281 and 282
- Terrain** Along public footpaths and bridleways which can be muddy at times.
Roadside walking, including crossing the main A631 and A46 roads.
Generally level, with some gentle slopes
- Refreshments** Restaurants, cafés, pubs and shops in Market Rasen. Pub and a Post Office village shop in Middle Rasen. Pub in Faldingworth
- Toilets** Public toilets are located in John Street, Market Rasen next to the Post Office

Gates
Most are metal or wooden swing type gates

Bus Route
InterConnect 53



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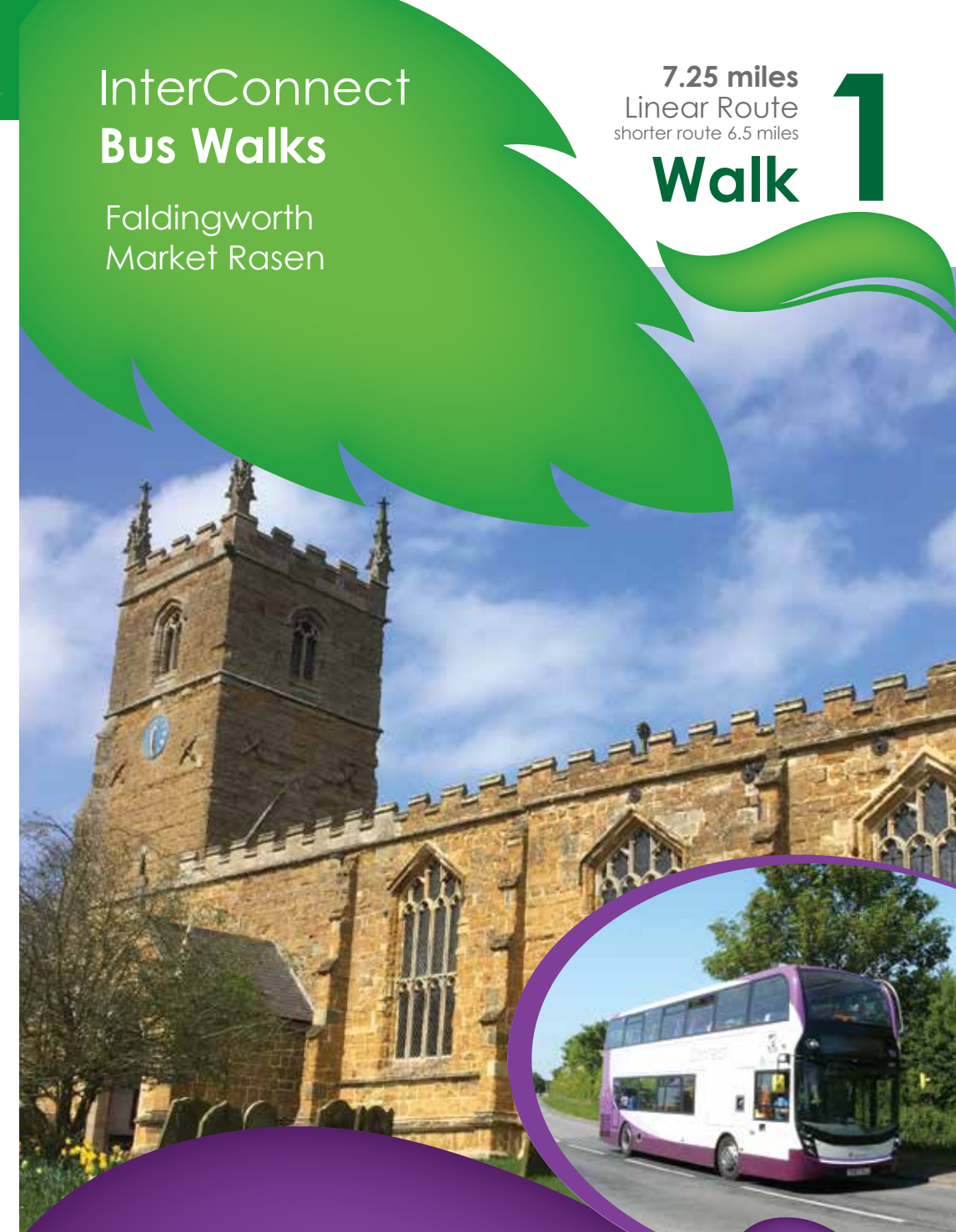
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1 From the bus stop, walk towards the primary school. Near the school gate, turn right then immediately left to follow a signposted public footpath on the tarmac path between the school and All Saints' Church. Cross straight over Stocks Lane to walk between a hedge and house, to a metal gate, then straight across another two fields to emerge on a lane at a farmyard.

2 There, turn right to walk along a stone track. Just before the old hedge, turn left to follow the footpath across a large field. At the midfield junction of footpaths, turn right and aim for an overhead electric line pole to walk across the field directly towards the distant hedgerow. At the field edge, turn left to walk beside the hedge, turning right to cross a footbridge into a grass field.

3 Bear half left crossing the field to the corner of the next hedge. Continue ahead, hedge on your right, to a ditch. Turn right to cross a footbridge, before carrying on along a field edge, with the hedge on your right, to another footbridge and the farm track beyond.

4 There, turn right along this track to pass Newton Ings Farm and the buildings, following the track as it becomes a grassy lane. Cross the ditch over an aged brick field bridge, continuing along the track to pass a small mixed plantation. Turn left to cross the footbridge beside an old ash tree, then right towards another larger plantation.

5 After the next footbridge, turn left to join a bridleway. Follow this as it skirts a corner of the plantation, before heading uphill along a wide grassy track. Continue downhill on the stone track to emerge on Toft Lane at West Rasen.

6 There, cross the road, turning left along a tarmac footpath. After End Cottage, turn right to follow the signposted public footpath through a small gap between the fence and wall, along a garden boundary, then across a grass field with various 'humps and bumps'. These reveal evidence of a former settlement. Pass through a wooden gate directly left of the old red brick Roman Catholic chapel, now used as the village heritage centre. Follow the paved path, past the outside privy and millstone to the main road.

7 **CROSS OVER THE A631 ROAD WITH CARE** to an interpretation plaque for the medieval packhorse bridge. Take the adjacent gap to follow the signposted public footpath along the right bank of the River Rase. Enjoy the views of the castellated turrets of All Saints' Church. Cross over the concrete bridge to then walk along the river's left bank. Continue on, with the river on your right, past the sewage works and across two wooden footbridges to emerge, through a metal swing gate, in Middle Rasen.

8 There, cross the road to walk up North Street, past St Peter & St Paul's church and the village primary school. Turn right across the footbridge opposite Braemar Farm to follow a footpath, through two grass fields, to emerge at the road bridge on Low Church Road. Here the short and long walks separate.

Shorter Route

A Turn right to walk along Low Church Road, past the thatched old vicarage, once the site of St Paul's church and continue along passing the village stocks at the road junction.

B Continue ahead, along into Church Street, to emerge beside the main A46 road, with bus stops to the left, just past the Post Office, and to the right.

Longer Route

9 Turn right then immediately left to follow a track beside the River Rase. At the 'private road' sign turn right through a wooden swing gate to walk diagonally across individual horse paddocks in front of the house, encountering three metal swing gates. Emerge onto Gallamore Lane, through a wooden swing gate and turn left to walk on the grass verge alongside the main road.

10 **CROSS THE MAIN A46 ROAD WITH CARE** to take the signposted public footpath through a metal swing gate. Keeping left of the hedge, continue past a bungalow, to emerge beside the A631 road. Turn left to follow the tarmac footpath, past Holy Road Catholic Church, to the bus stop at the Market Place in Market Rasen town centre.



Be safe - plan ahead and follow any signs
 Leave gates and property as you find them
 Protect plants and animals, and take your litter home
 Keep dogs under close control
 Consider other people

MAP KEY

- - - Route
- - - Short Route
- FB** Footbridge
- Bus Stops
- Refreshments



Scarecrow Festival

Thousands of visitors come to Faldingworth to enjoy the annual scarecrow festival in June. With a different theme every year, the extravaganza is great fun for all the family and raises money for local charities and village amenities

All Saints' Church

All Saints' Church was largely rebuilt in 1890-91, when the distinctive overlapping timber spire was added. The whole restoration cost £2,490 5s 10d!

Hedgerows

Traditionally hedges were managed by regular laying or coppicing. Both techniques can rejuvenate a hedgerow, promoting dense and vigorous growth. Look for the old horizontal hedge stems that are witness to past laying activity

Market, Middle and West

West Rasen was once the largest of the three communities bearing the name Rasen. Today, with a population of just 60, it is now the smallest

The Lord of West Rasen

In the 16th century, the Lord of West Rasen Manor held out against Henry VIII's Reformation of the Church in England. Refusing to become 'Protestant', the village remained a Roman Catholic enclave until well into the 19th century

Common Buzzard

Often spotted soaring in rising circles, buzzards are becoming a more frequent sight again

Norman Doorway

The incredibly carved Norman doorway of St Peter and St Paul's Church is a real sight to behold. You won't be disappointed!