

Other bus walks within the series

<p><b>7.25 miles Walk 1</b> Faldingworth Market Rasen (linear)</p>	<p><b>7.75 miles Walk 2</b> Nettleton Market Rasen (linear)</p>	<p><b>7.5 miles Walk 3</b> Cabourne Laceby (linear)</p>
<p><b>8.5 miles Walk 4</b> Hagworthingham Fulletby Horncastle (linear)</p>	<p><b>4.5 miles Walk 5</b> Candlesby Gunby Hall Bratoff Burgh le Marsh (linear)</p>	<p><b>5 miles Walk 6</b> Burgh le Marsh Skegness (linear)</p>
<p><b>8 miles Walk 7</b> Gainsborough Knaith Park Willingham Stow Minster (linear)</p>	<p>go to <a href="http://stagecoachbus.com/buswalks">stagecoachbus.com/buswalks</a> for walk information</p>	

The InterConnect Bus Walks provides a series of suggested walks across the Lincolnshire countryside. Bus stops are located at the start and finish, of these walks, delivering you to some of the most beautiful spots Lincolnshire has to offer;

The walks appeal to all types of people, from families and occasional walkers to the lone traveller and experienced ramblers. You can explore the stunning scenery, discover wildlife havens or simply enjoy a picnic in a picturesque spot. Whatever your age, group size or motivation, the Interconnect Bus Walks provides a great way to get outdoors and enjoy an active lifestyle.



in partnership with

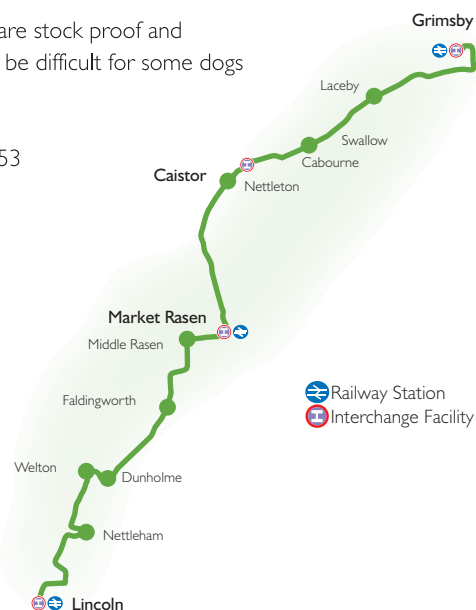


- Distance** 7.5 miles, 12 km
- Time** Approx. 3 - 4 hours at a leisurely pace
- Maps** OS Landranger 113 and OS Explorer 284
- Terrain** Along footpaths and bridleways which can be muddy at times. Some roadside walking, including crossing the A46 and A18 dual carriageway. Part of the route by kind permission of the landowners. Gentle hills throughout
- Refreshments** The Swallow Inn (01472 371464); The Laceby Arms (01472 279900) and various shops in Laceby

**Toilets**  
In The Swallow Inn and The Laceby Arms - for use of patrons only. Please take off your muddy boots before walking through the lounge!

**Stiles**  
A few. Some are stock proof and therefore may be difficult for some dogs

**Bus Route**  
InterConnect 53



InterConnect Bus Walks

Cabourne  
Laceby

7.5 miles  
Linear Route  
**Walk 3**

The Stagecoach Bus App

Plan your journey

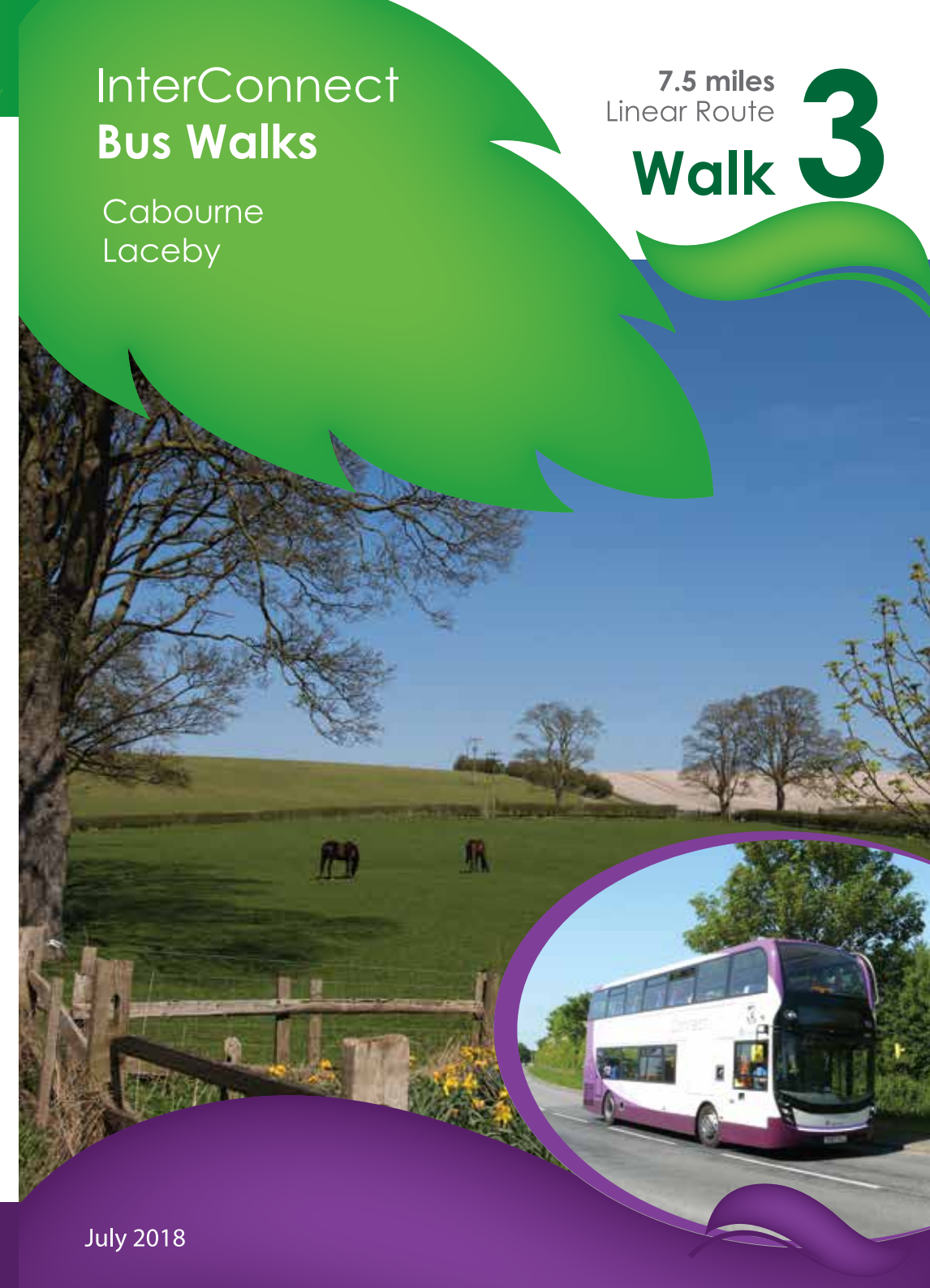
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## The Bus Walk Route

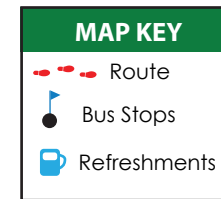
- 1** From the bus stop in Cabourne, walk away from St Nicolas' Church in the direction of Grimsby, passing various 'humps and bumps' in the grass fields either side of the road as you leave the main village.
- 2** Turn right onto the next bridleway to walk past White House Farm, then uphill along a sunken old lane. Towards the hill top, turn about to spot Pelham's Pillar in the distant Cabourne High Woods.
- 3** At the crossroads of bridleways, turn left before the hedge, to walk downhill and then uphill, skirting the edge of Badger Hills. This landscape of rolling hills and dry valleys is very typical of the chalk wolds. Continue on, past a clump of beech trees, onto a wide green lane. Follow this downhill, turning left to walk beside Jubilee Plantation. Look for Grimsby Dock Tower on the skyline and common knapweed in the verges.
- 4** Just before the A46, turn right to cross the corner of Jubilee Plantation, bearing left through the hedge to continue along the edge of the woodland and the line of the old road. Turn right through the wide hedge gap and into a grass field, turning left to continue walking parallel to the A46. This section of the walk is permissive and is only available to walkers. It has been agreed with the kind permission of the landowners and forms part of a Countryside Stewardship Scheme.
- 5** Cross a stile, with the impressive early Victorian farm buildings of Swallow Grange on the opposite side of the road. Continue along the tarmac footpath into Swallow, with the Old Rectory on your right. Follow the old A46 Caistor Road past the Swallow Inn and Holy Trinity Church to the curiously shaped Millennium Milepost.

- 6** Keep straight ahead along Grimsby Road, following the old main road as it becomes a path. At the clearing, look across to see evidence of ridge and furrow ploughland preserved in the grass field opposite. On reaching the lay-by, **CROSS THE A46 WITH GREAT CARE**, continuing along the route of the old road.
- 7** As the path goes downhill, at the bottom, turn left to follow a grass track through the valley bottom. Listen for the great tit's characteristic *tea-cher tea-cher tea-cher* song beside the woodland. Continue straight ahead at the first junction of paths into Irby Dales. The steep sided valley to your right was cut through the chalk by torrents of glacial meltwater during the last Ice Age.
- 8** At the second junction, turn left to follow a footpath up into Rush Hills Covert and then downhill to rejoin the bridleway as it leaves the woodland. Continue on this through the grass fields, keeping left on the track, through the cattle pens, to arrive beside the A18 road.
- 9** **CROSS THE DUAL CARRIAGEWAY WITH GREAT CARE** to walk along Temple Lane towards Aylesby. Just before the copse, turn right to follow the signposted footpath across a field, with fine views of St Lawrence's Church to your left.
- 10** On reaching the tarmac path, turn right, following the path as it widens into Cooper Lane, passing both school and library. At the T junction, turn right onto the High Street, past St Margaret's Church, to the bus stop in Laceby Market Place.

## The Route Map



Be safe - plan ahead and follow any signs  
 Leave gates and property as you find them  
 Protect plants and animals, and take your litter home  
 Keep dogs under close control  
 Consider other people



### 'Humps and bumps'

These 'humps and bumps' reveal evidence of former settlement. Medieval Cabourne is thought to have been a much larger village than today, an administrative centre of the Knights Templar and site of a Gilbertine grange

### Pelham's Pillar

Pelham's Pillar commemorates the planting of 12,552,700 trees, between 1787 and 1828, by Charles Anderson Pelham, Lord Yarborough. The building was completed by his grandson in 1849

### Knapweed

Common or black knapweed has many country names, including hardheads, knobweed and shaving brush. A love oracle, it was also used by early herbalists to treat sore throats, ruptures and bruises

### Countryside Stewardship

The Countryside Stewardship Scheme is a government-funded farm conservation scheme that helps farmers and land managers protect and improve the countryside, its wildlife and history

### National Cycle Route

Marking the 206 mile Hull to Fakenham cycle route, Swallow's Millennium Milestone is just one of four designs to be found along the National Cycle Network. Entitled 'The Cockerel' it is the work of Scottish sculptor Iain McColl

### John Whitgift

John Whitgift, Rector of Laceby from 1572 to 1577, went on to become Archbishop of Canterbury. Well favoured by Elizabeth I, he attended her on her deathbed and crowned the new King, James I

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